

## WHAT IS CLAIMED IS:

1. An anti-fatigue and nutritious tonic agent containing powder of wild ginseng, mixed powder of wild ginseng and herb medicine, or water extract of said powder, as the active ingredient.

2. The agent according to Claim 1, wherein said herb medicine is selected from the group consisting of Lycii Fructus, Cnidii Rhizoma, Angelicae gigantis radix, cultivated ginseng, Acanthopanax Cortex, Cervi Parvum Cornu, Cervi Cornu, royal jelly, honey, Radix Codonopsis, Astragali Radix, Atractylodis Rhizoma, Dioscoreae Radix, Glycyrrhizae Radix, Amomi Cardamomi Fructus, Zizyphi Fructus, Paeoniae Radix, Rehmanniae Radix Preparata, Polygoni Multiflori Radix, Adenophorae Radix, Liriodendron Tuber, Asparagi Tuber, Polygonati Rhizoma, Testudi Plastrum, Morinda Radix, Epipedium Herba, Eucommiae Cortex, Cibotii Rhizoma and Cordyceps, and mixtures thereof.

3. The agent according to <sup>Claim 11</sup> ~~Claim 1~~, further comprising one or more auxiliaries selected from the group consisting of vitamins and analogues thereof, amino acids, grains and vegetables.

4. The agent according to Claim 3, wherein the vitamins or analogues thereof are selected from the group consisting of vitamin A, vitamin B<sub>1</sub> and acid addition salts thereof, vitamin B<sub>2</sub>, vitamin B<sub>6</sub>, vitamin B<sub>12</sub> and acid addition salts thereof, vitamin C, vitamin D, vitamin E, choline, nicotinic amide, pantothenic acid and salts thereof, folic acid, taurine, biotin, inositol, lecithin, DHA powder, fructo-oligosaccharide, casein phosphopeptide, galacto-oligosaccharide, glucosamine, foremilk protein powder, skim milk, magnesium hydroxide and ionic calcium, and mixtures thereof.

5. The agent according to Claim 3, wherein the amino acids are selected from the group consisting of glycine, alanine, valine, norvaline, leucine, isoleucine, phenylalanine, tyrosine, surinamine, threonine, serine, proline, hydroxyproline, tryptophane, thyroxine,

methionine, cystine, cysteine, asparaginic acid, glutamic acid, lysine, arginine and histidine, and mixtures thereof.

6. The agent according to Claim 3, wherein the grains or vegetables are selected from the group consisting of glutinous rice, unpolished rice, Job's-tear, barley, soy bean, pumpkin and mung bean, and mixtures thereof.

7. The agent according to Claim 3, containing 5-100 parts by weight of wild ginseng, 100 parts by weight or less of the herb medicine, an ordinary amount of vitamins, an ordinary amount of amino acids, and 200 parts by weight or less of grains and vegetables.

8. The agent according to Claim 1, further comprising one or more food engineeringly or pharmaceutically acceptable carriers.

9. The agent according to Claim 8, which is formulated into powder, granules, tablets, capsules, solution, suspension, injection, jam, syrup, essence or concentrated solution.

add a37

add 7